

A Healthier Future for Hertfordshire and west Essex – workstream news

August 2018

Falls workstream update

The identification and management of falls pathway was signed off at STP frailty executive, with the executive stakeholder response deadline of Tuesday 14 August.

Development of the ‘What to do when someone falls’ (acute) pathway is progressing in falls steering group, with a task and finish group on ‘What to do when somebody falls’ guide for non-professionals.

The East of England Ambulance Service NHS Trust (EEAST) falls prevention pilot has started in Herts Valleys CCG area, with people who are not taken to hospital after a fall referred to postural stability classes or community physiotherapy.

The falls implementation plan will be presented by the CCGs at September’s frailty executive. Supporting tools are [online here](#) and ready to use in Hertfordshire.



Falls Prevention Awareness Week events 22-28 September

West Essex

- Monday 24 September: Falls and exercise promotion information stand at Princess Alexandra Hospital front door with interactive challenges.
- Tuesday 25 September: Falls prevention service showcase during PAH Trust AGM.
- Wednesday 26 September: A 3 hour falls prevention workshop provided to Rainbow services at Harlow fire station.



Hertfordshire

- [Stop Falls Campaign](#) for care providers is giving free training throughout September and [falls prevention site visits](#). Falls Prevention Education Day on Wednesday 26 September, see website for details.
- Falls awareness stand at HCT’s AGM on Thursday 27 September, Rothamsted Centre, Harpenden.
- [Slipper Swap Social programme](#) launch from October to December in libraries.
- Planning for Malnutrition Awareness Week launch on Monday 1 October. Using the [MUST tool](#) on frail patients as part of national pilot.



A Healthier Future

Improving health and care in Hertfordshire and west Essex
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