

# A Healthier Future for Hertfordshire and west Essex – workstream news

## Frailty workstream update

### The frailty pathways

The frailty pathways have been designed and approved by the workstream and STP organisations and will progress to the implementation phase. A letter to organisations will be sent from Kathryn Magson, as the frailty workstream SRO, requesting organisational commitments and contribution to the integrated implementation planning. Resources for implementation will need to be approved locally. The letter will be distributed with the final pathways.

### Frailty pathway implementation plans

The first cut of the frailty pathway implementation plans for each of the three STP footprint areas were presented to the work stream. These included:

- Existing local frailty services and the identification of services that needed to be developed / commissioned in line with the new pathway recommendations.
- Local implementation planning underway to date.
- Activity and financial impact planning 2018/19.
- The local governance to manage implementation progress.

- Identified risks and mitigating plans to ensure successful implementation

It has been agreed that the implementation planning needs to consider the current capacity to deliver at pace. The delivery will be coordinated by the three local place-based care integrated boards across the footprint.

### Falls pathways

The falls pathways have been designed and developed through a broad engagement process in the STP. They have now been approved by the workstream and will be formally distributed to STP organisations for approval of the design by Kathryn Magson, as SRO for the workstream.

### Qorex update

An update on Qorex was presented. This is a programme management tool that is being explored by the workstream and STP PMO to improve the STP programme management and governance with an additional aim to reduce the duplication of paperwork and to streamline reporting processes. It was recognised that the current risks / issues / mitigating actions will need to be a focus in the September workstream meeting.



## Technological enablers

A number of technological enablers have been identified by the workstream as priorities to support the implementation of the frailty and falls pathways.

These include:

- Templates for recording the comprehensive geriatric assessment.
- Templates for use in the falls, frailty and end of life hub.
- Templates for the core care plan in each electronic system.
- An app to allow all agencies to view the core care plan.
- Introduction of NHSmail into all care homes.
- Use of a photographic app for wound care assessments.

Funding sources for these enablers are being explored.

## The core STP care plan

The core STP care plan hard copy has been finalised by the workstream. This has been significantly simplified and includes the following components:

- 'About me with personal goals'.
- Information on the professionals involved in the care.
- Information on crisis planning.
- Plan of future care requirements.

This will be formally sent to the STP clinical oversight group (COG) and all organisational medical directors for sign off.

## Frailty training and education tool

The frailty training and education tool continues to be in the developmental stage and the planning approach to large scale implementation is being explored. This will involve a strengthened connectivity with the STP workforce workstream to support this approach.

## Priorities for sharing good practice across the STP

The following areas were agreed as priorities for sharing good practice across the STP:

- The developments to date of the early intervention vehicle (EIV) models, including sharing of the service specifications, commissioning approach with the ambulance services and business cases.
- Best approach to large scale training of the workforce.
- Single point of access (SPA) and hub developments.
- Frailty services peer review of Barnet Hospital.
- Management of urinary tract infections (UTIs) in care homes and people's own homes.
- Approaches to community engagement.
- Frail population commissioning frameworks.

Alison Gilbert, STP PMO

## More information

Don't forget, as NHS and local authority leaders from Hertfordshire and west Essex work ever closer together, you can find the latest information about our [Sustainability and Transformation Partnership, known as the STP, here](#).

