Frailty workstream update

Frailty pathways implementation

The three place-based local delivery boards are initiating their implementation planning against milestones, timescales and outcome measures. An approach to the development of a framework for pathway activity and costing principles were agreed by the frailty workstream with a task and finish group to be set up to progress this.

Technology bid

With a number of technological enablers already identified by the workstream as priorities to support the implementation of the frailty and falls pathways, a funding bid is being made to the STP Technology workstream.

These include:

- Templates for recording the comprehensive geriatric assessment (CGA).
- Templates for use in the falls, frailty and end of life hub.
- Templates for the core care plan in each electronic system.
- An app to allow all agencies to view the core care plan.
- Training videos.
- Introduction of NHSmail into all care homes.

To fast-track design of the templates, it was proposed and agreed that the three CCGs fund the development, splitting the cost equally.

With all professionals working from the same template and using the same read codes, this will support a reduction in repetition of information sharing and result in more effective triage with patients being seen in the right place at the right time.

Workforce training

A funding bid has been presented to the STP Workforce workstream and £75k has now been allocated from HEE funding to progress the frail training at scale for the STP workforce. The project will develop training modules to be delivered to and by the health, social care and third sector workforce working within all STP partners and other third sector organisations. The workforce consists of both registered and non-registered staff. There is a need to prioritise different staff from across health and social care.

Frailty peer review

A team of health and social care professionals from across the STP led a peer review across all STP organisations earlier this year talking to a variety of health and social care professionals. A report has been produced and this will now be taken through the local place-based care delivery boards for incorporation into local developmental plans.

Early Intervention Vehicles (EIV)

Across the STP, when frail older people suffer a fall at home, EIVs are answering 999 calls and working

to keep them out of hospital and set them up safe at home instead. It has been agreed to explore the different models of working, including service specifications, commissioning approaches with the ambulance services and business cases, for shared good practice across the system.

Frailty resource pack

Signposting information for patients aged 60 to 74 attending their routine health check appointment is being updated and will go to Public Health colleagues for input before being tested with service users ahead of roll-out.

Frailty hub

The frailty hub paper was presented to propose the functionality of the frailty hub development. It was recognised that other hubs already exist across the STP and that the west Essex model service specifications and operational functioning will be shared with partner organisations. Further work is required on this proposition before it can be approved.

Falls pathways

Herts and Essex leads presented back their implementation plans. It was agreed that pathways need to be expanded to include prevention and screening, liaising with voluntary organisations and linking with district and borough council programmes. In addition to this, a clearer plan will be presented back to the workstream highlighting current services, gaps, opportunities and capacity for implementing changes.

Core care plan

The core care plan has been reviewed by a patient participation group (PPG) in September and a mock-up plan has been developed. It will go to a carers' event later this month with further engagement planned for October. The aim is to start to pilot this in identified localities over the coming months.

Alison Gilbert, STP PMO

More information about the STP here.