

June
2018

A Healthier Future

Hertfordshire and west Essex STP
Deborah Fielding: Leader's Update

Hello,

Over the last few months, I've met NHS and local authority colleagues from across Hertfordshire and west Essex who are committed to turning the vision of our [Sustainability and Transformation Partnership \(STP\)](#) into a reality.

As you know, in the last few weeks, senior leaders from across the STP's organisations have been meeting regularly to consider how together we can form an integrated care system (ICS) with the responsibility for overseeing a strategic approach to health and care right across our area.

We've been grasping the nettle and debating the changes that would need to take place before our vision of local, integrated health and care can be delivered for our 1.5m population through integrated care alliances (ICA).

Workshop activity

Independent advisors Carnall Farrar have already facilitated two ICS and two ICA workshops, to help us really think about the way our organisations meet the needs of the population.

This week sees final two workshops: ICS today (Tuesday 12 June) at The Colonnades, in Hatfield, and ICA on Thursday 14 June at Beales Hotel and I urge you to make sure the right people are in the room. It was clear at last week's ICS workshop that while there is still

some way to go with respect to agreeing the geographical areas that each ICA should serve, for example, there is a commitment to the process, and, above all, we are building on excellence.

Last Tuesday's workshop saw great examples of collaborative working that have already made a difference to our population. Beverley Flowers (Chief Executive of NHS East and North Hertfordshire CCG) and Iain MacBeath (Director of Adult Care Services, Hertfordshire County Council) talked us through their successful care home 'vanguard' improvement programme. The good news is, the frailty workstream has picked up on this success story and is working to scale it up across our STP area.

And Hertfordshire's Integrated Health and Care Commissioning team – a joint commissioning team based in the county council commissioning mental health and learning disability services on behalf of both Hertfordshire's CCGs – has been in place for 15 years! It can and has been done. We also heard about West Essex CCG's new commissioning model for respiratory illnesses, which rewards providers according to the health benefits they bring about for patients rather than the number and type of treatments administered.

Financial pressures, workforce recruitment and retention, poor estates and



increasing demand on services - our organisations share the same issues as we plan to meet the health and care needs of our population. By pooling our information and expertise and re-thinking services in a fresh way, we can plot our own future path rather than having it imposed on us.

After careful consideration of the views and ideas from our organisations, Carnall Farrar will report back to us in the summer with their recommendations and a proposed action plan.

Deborah

Subscribe to the STP newsletter

Have you signed up to keep informed about developments in the STP yet? The Healthier Future e-newsletter features examples of ways in which the STP is already making a difference.

Please encourage your colleagues to sign up, too. The subscription link can be found at the bottom of the 'Healthier Future' website, which you can access [here](#).

A trio of teams contend for national NHS70 prizes



Three teams from STP organisations are in the running to win prestigious prizes, in a ceremony marking the NHS's 70th birthday.

Two teams from East and North Hertfordshire NHS Trust: the Butterfly volunteers, who sit with dying patients, and the renal telemedicine team, were shortlisted, and in West Herts, a combined diabetes and mental health team (*pictured*) was chosen for its outstanding work in improving care for people with diabetes who are also coping with mental health conditions. The teams now go forward to represent the Midlands and East region in the national awards at the Palace of Westminster in July.

“It’s wonderful that innovative and collaborative approaches from our STP have been recognised and are in the running for the national NHS70 Parliamentary Awards,” said STP lead Deborah Fielding. “To have three schemes shortlisted from one STP area is really impressive and I’m thrilled to see local excellence being acknowledged.”

A total of 40 schemes were shortlisted from more than 750 nominations.

Improved service for new mums

More pregnant women and new mums experiencing mental health problems in Hertfordshire will be supported by NHS specialists, thanks to a funding boost.

Between 3% and 5% of women experience moderate to severe mental illness during pregnancy or within the first year of having a baby – known as the perinatal period. In Hertfordshire, this equates to around 725 mums. Our STP successfully bid for more than £400,000 to expand Hertfordshire’s Community Perinatal Team – provided by Hertfordshire Partnership University NHS Foundation Trust (HPFT) – to meet demand.